

## FIRC Video Tape Self-Evaluation Form

*(Copy this form and bring to class to complete each Friday after a speech is filmed and delivered—hand in at the end of the class period)*

1. Visit our class folder on the student shared drive to watch your video:  
(MS Flag Start Button → TYPE in white box: File Explorer → This PC → Shared Files(S) → Students → Boswell → Your class folder → Your speech).
2. Evaluate your performance following the basic criteria and categories below. **In the comments section, write a summary evaluating your strengths & weaknesses in each category (intro, body, conclusion, delivery, overall effectiveness). Next, explain your main goals for your next speech based upon watching your video performance.**

Speaker: _____		Speech # & Topic: _____	
<b>Introduction:</b> <ul style="list-style-type: none"> <li>hook gained attention/created exigency</li> <li>background offered necessary context</li> <li>established credibility and strong ethos</li> <li>clearly stated thesis/purpose/preview</li> <li>paused after thesis</li> </ul>	<b>Strengths:</b>	<b>Weakness:</b>	
<b>Body:</b> <ul style="list-style-type: none"> <li>clearly distinguishable main points via thesis</li> <li>main points supported w/sufficient evidence</li> <li>organization well planned, balanced</li> <li>adequate signposts, previews, summaries</li> <li>language clear and concise w/o fillers</li> <li>language stylistically impacts message</li> <li>verbal tags w/all required research sources</li> </ul>			
<b>Conclusion:</b> <ul style="list-style-type: none"> <li>prepared audience for ending</li> <li>reinforced main arguments</li> <li>reinforced thesis and hook</li> <li>ended w/o “that’s it” type detractors</li> </ul>			
<b>Delivery:</b> <ul style="list-style-type: none"> <li>sustained eye contact w/entire audience</li> <li>extemporaneous/not read from manuscript</li> <li>approp. rate, pauses, pitch, volume, cadence</li> <li>used correct grammar &amp; pronunciation</li> <li>posture, approach, depart w/authority</li> <li>gestures and body movement appropriate</li> <li>visual aid delivery reinforced w/o distracting</li> <li>PPT zen design, story, unity, simplicity, sticky</li> <li>PPT size, color, font, images, rule of 1/3s</li> </ul>			
<b>Overall Effectiveness:</b> <ul style="list-style-type: none"> <li>topic fit purpose and assignment</li> <li>speech adapted to audience</li> <li>speech completed in time limit: _____</li> <li>speech interesting &amp; convincing</li> </ul>			

3. **Explain your main goals for your next speech based upon having watched the video of your performance:**